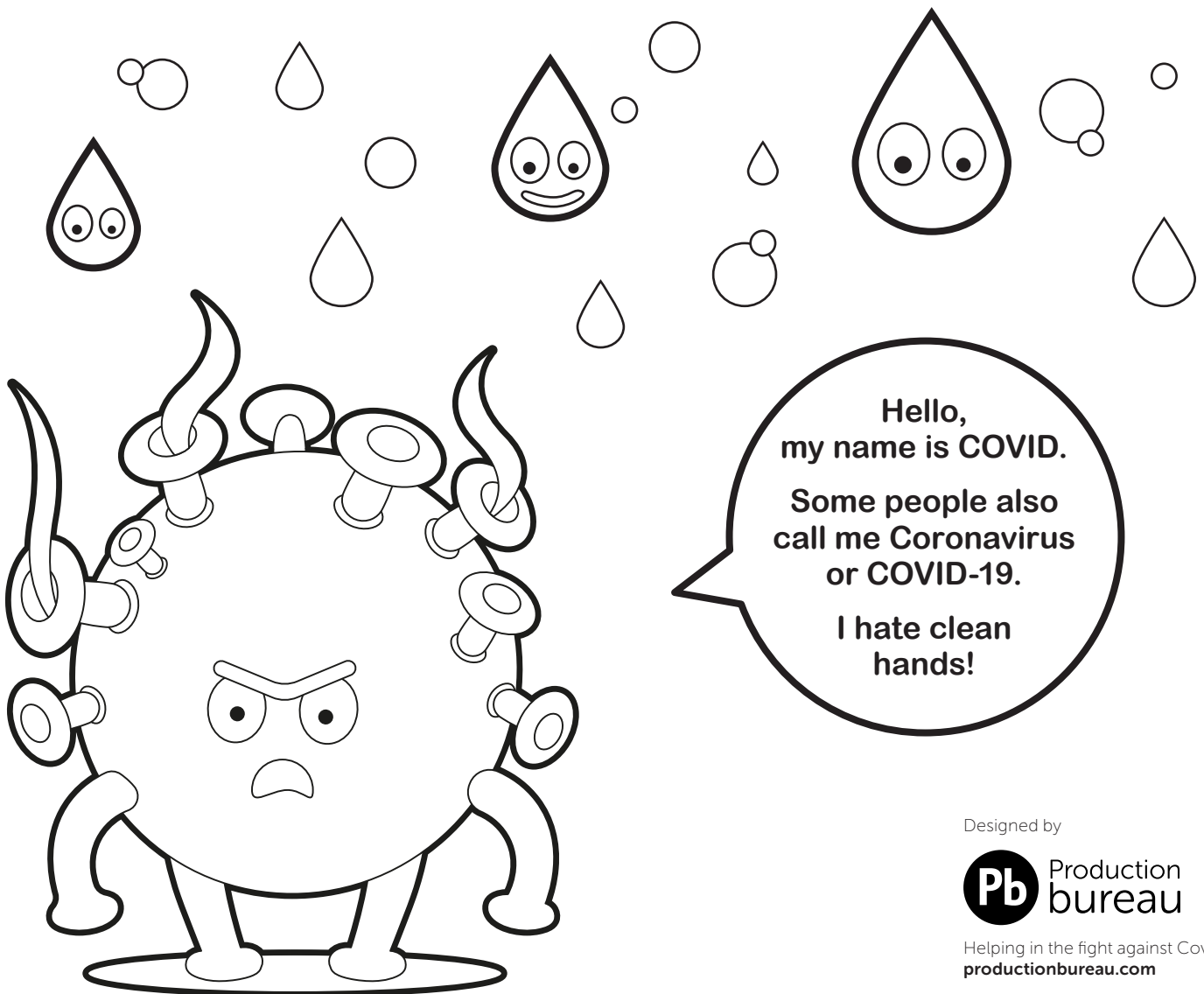


Wash your hands

**Always use soap and water
for 20 seconds.**

This will help keep COVID away.



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Cough or sneeze in your elbow

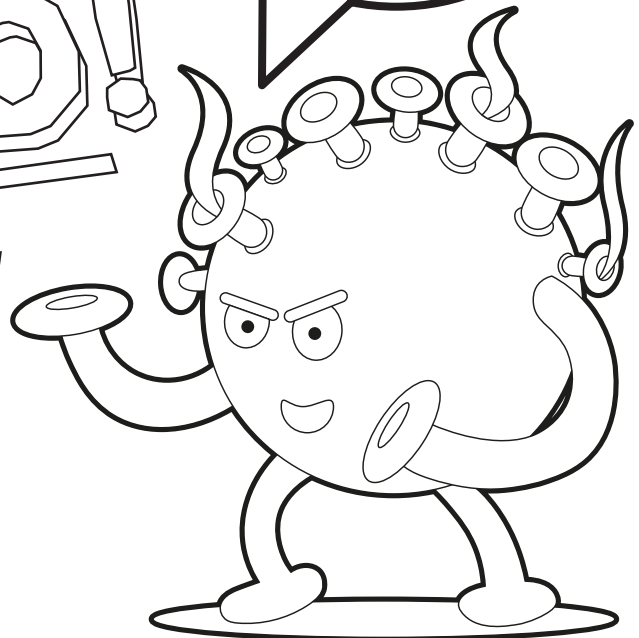
**Catch your coughs and sneezes
in a tissue or your elbow to stop
COVID getting on to your hands.**

**This will help stop
COVID spreading.**

Hello, my name is
COVID. I move around
in coughs and sneezes.

Don't let me get
on your hands!

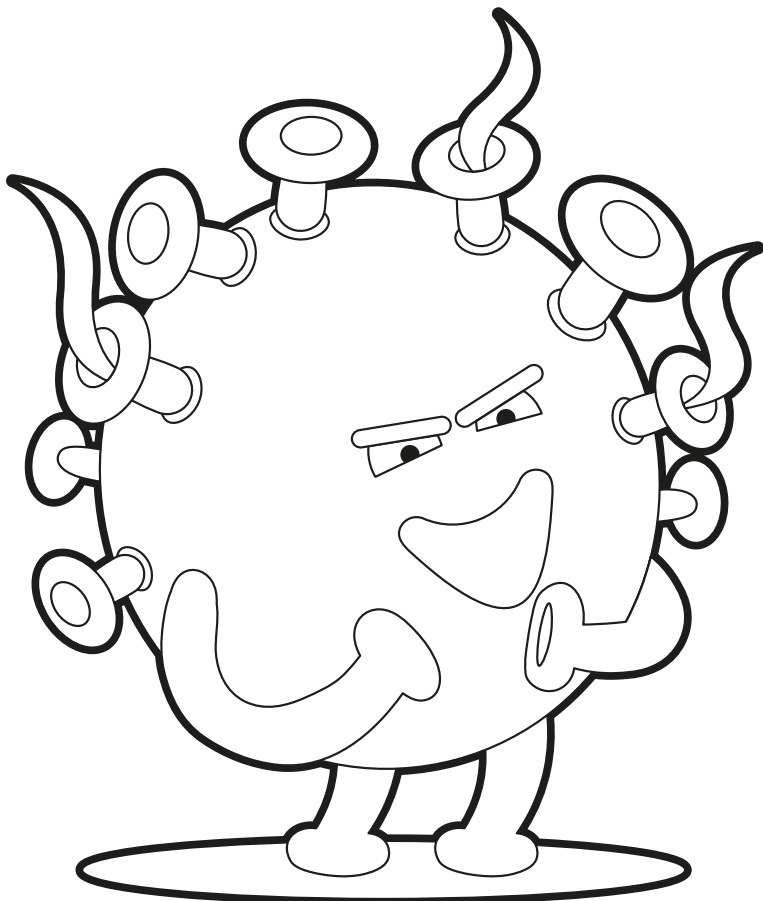
ACHOO!



Keep your hands away from your face

Rubbing your eyes, and touching your nose or mouth will let COVID spread.

Keep COVID off your face.



Hello, my name is COVID. I can make you poorly.

This is one of my favourite way to move around your friends.

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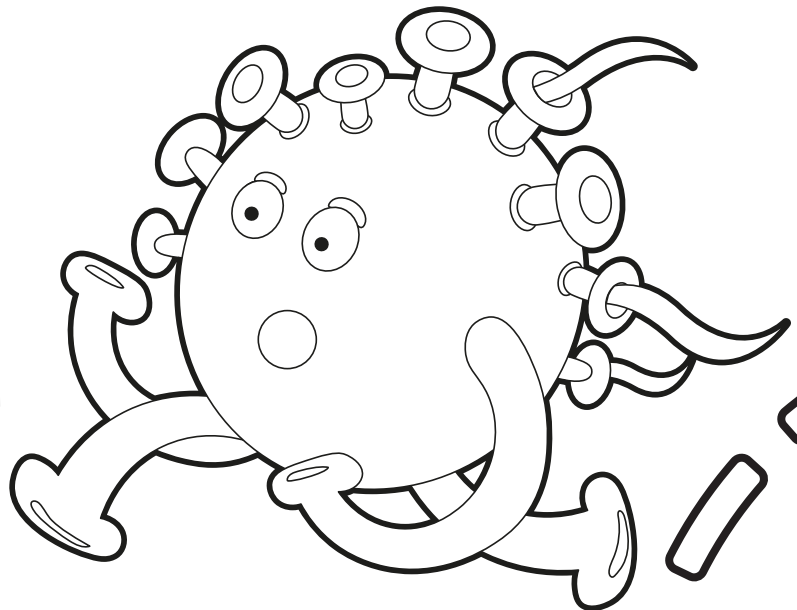
Keep 2 metres apart

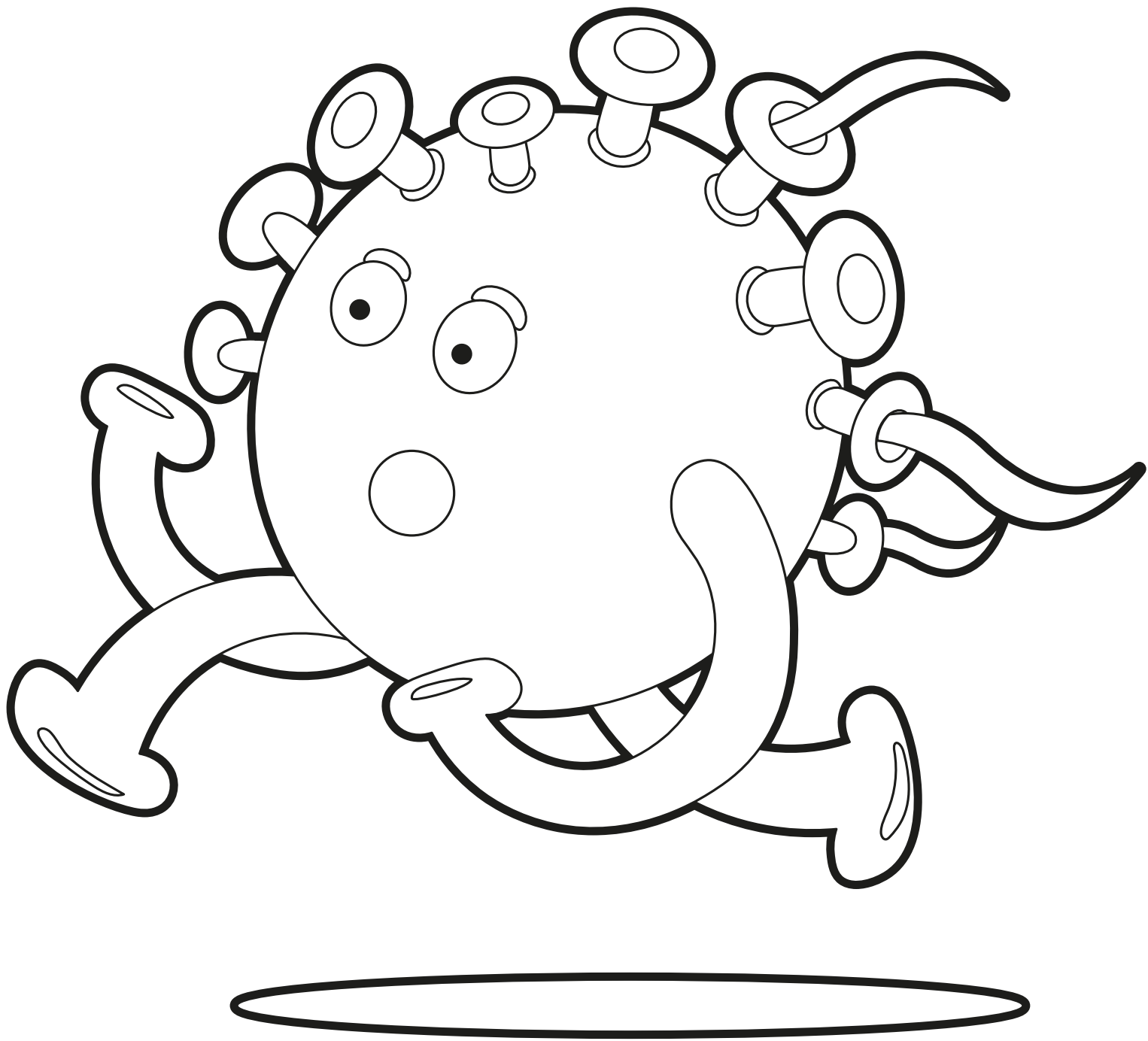
COVID is great at
moving in the air, but
can't reach very far!

**This will help stop
COVID spreading.**

Hello my name is
COVID. I love to jump.
But I'm so small I
can't reach very far!

2 metres

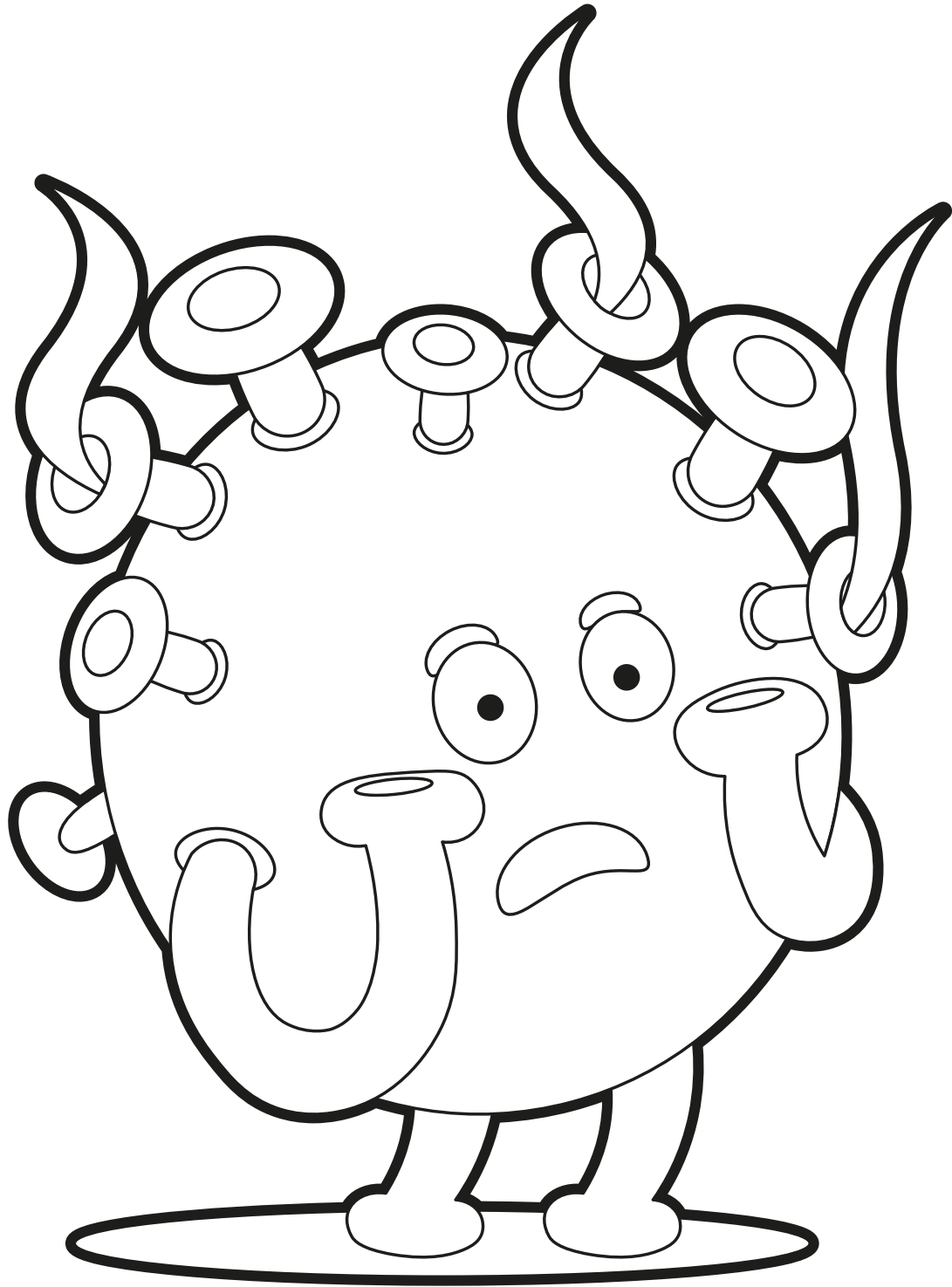




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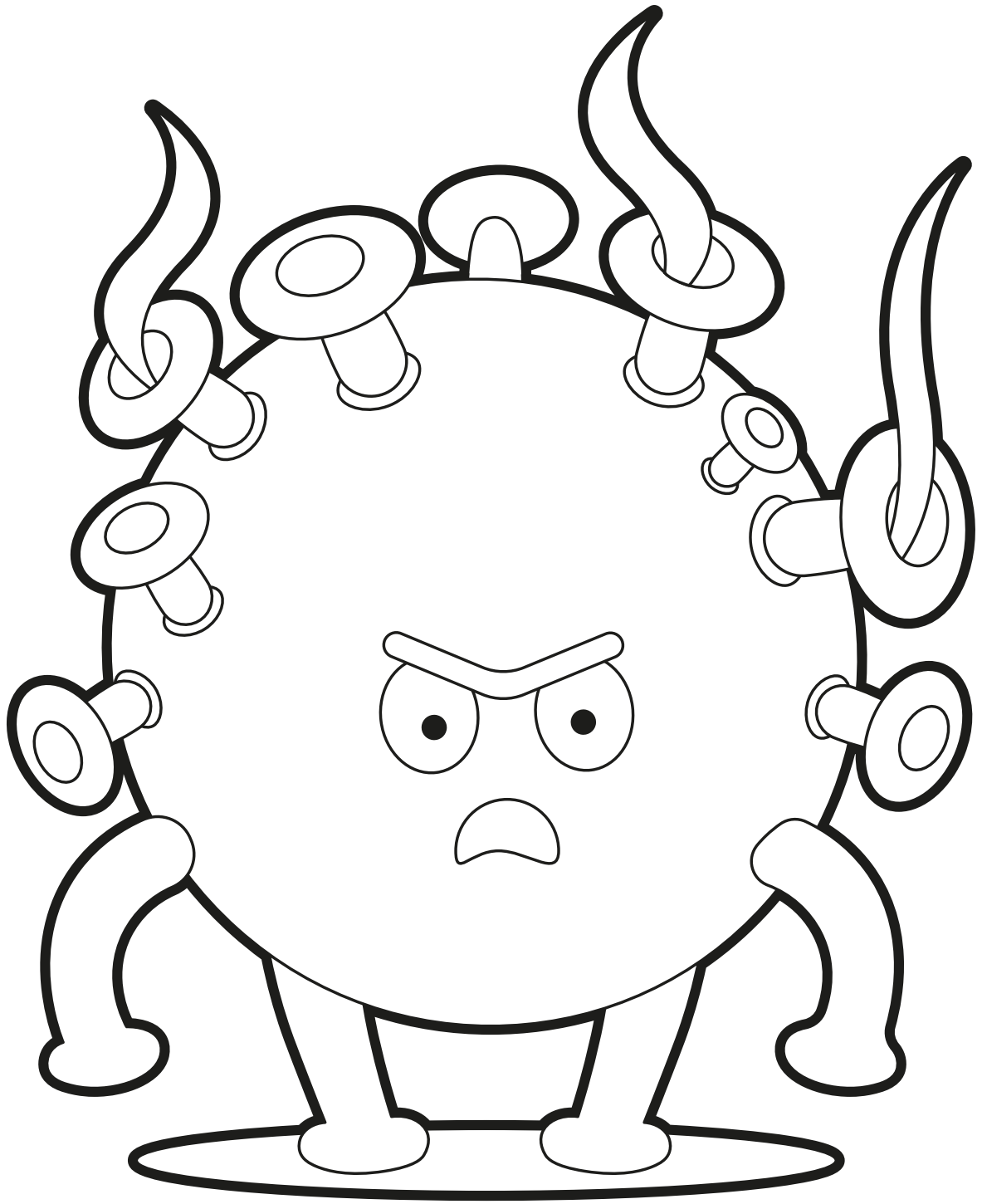
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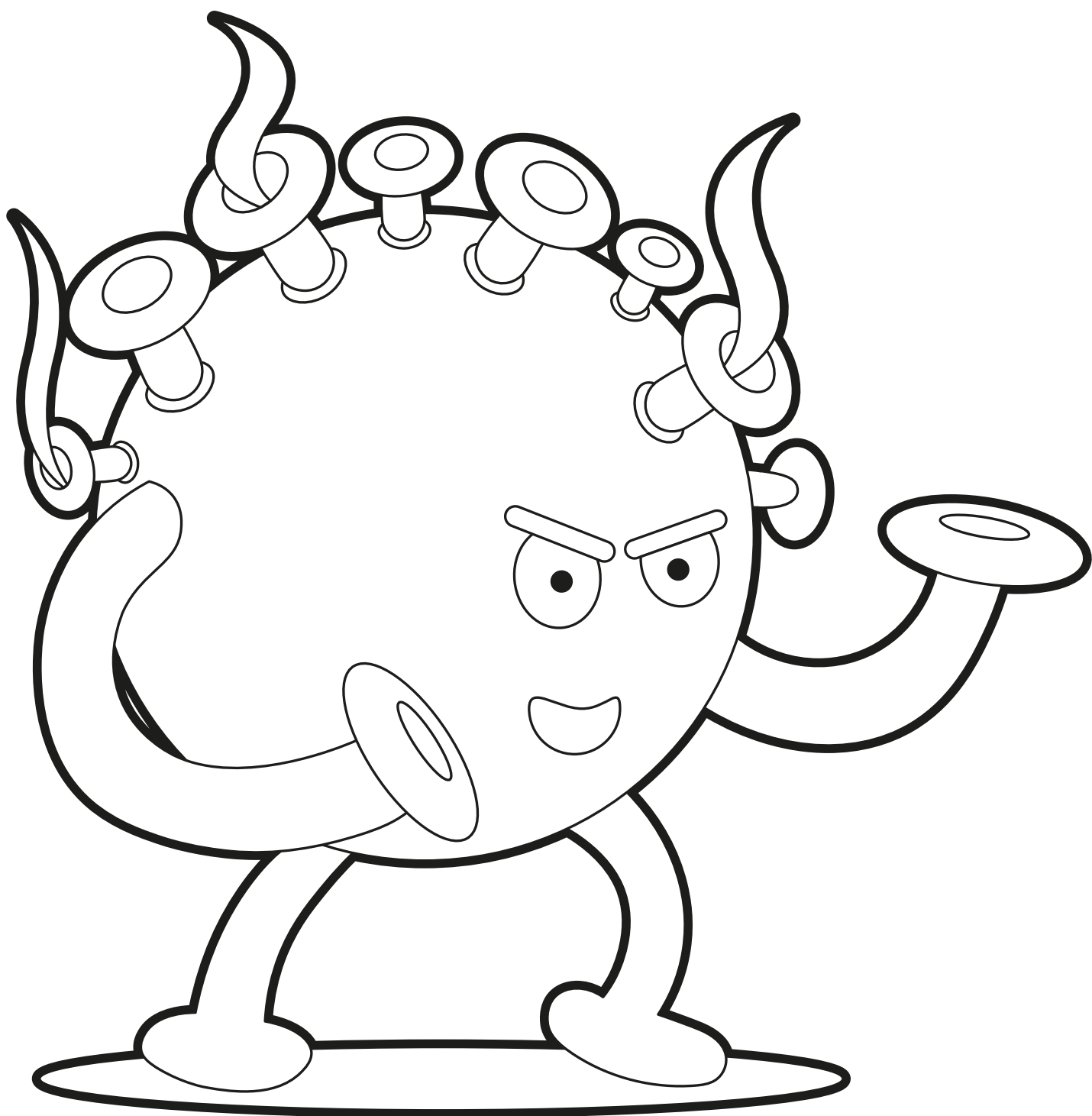
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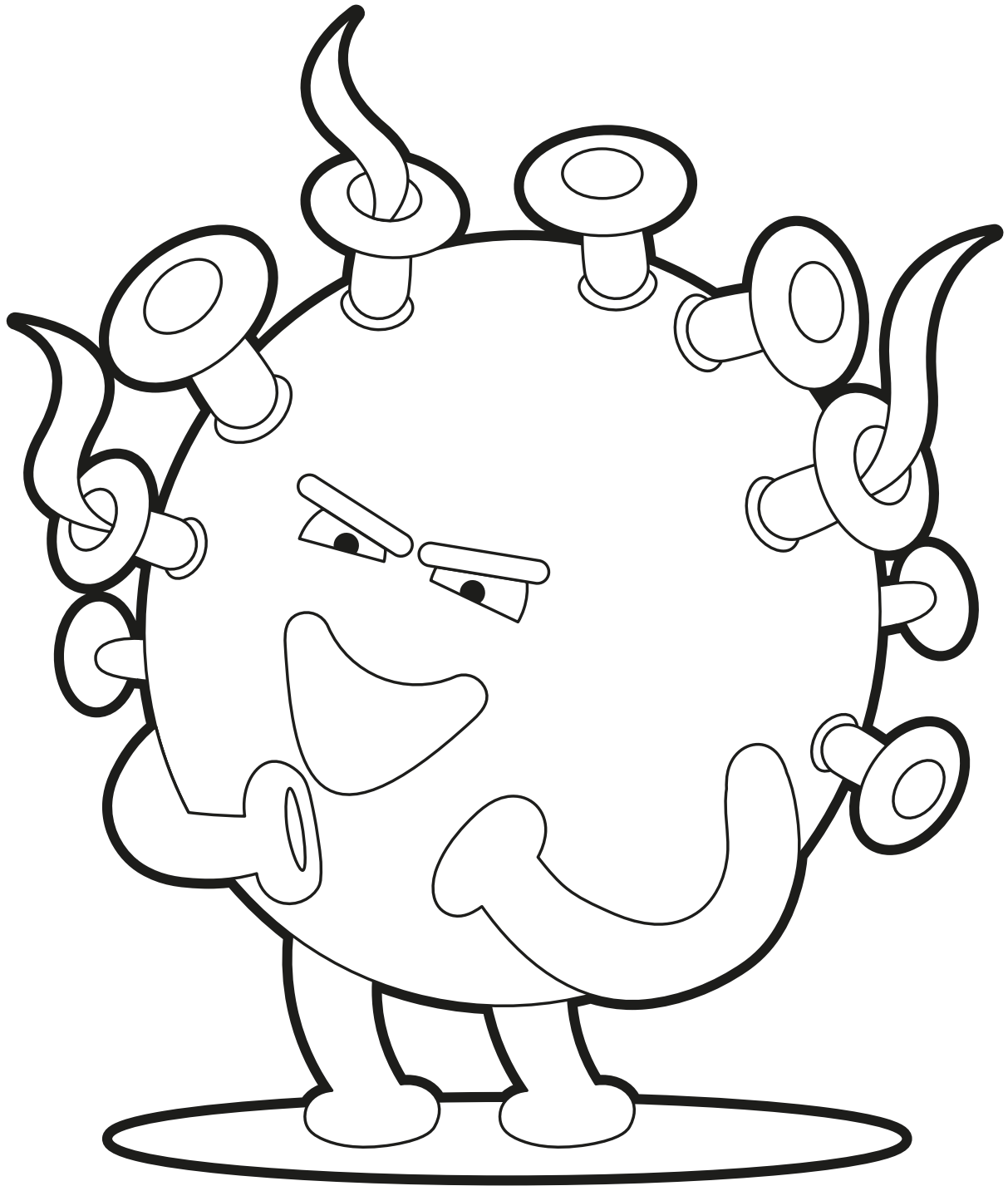
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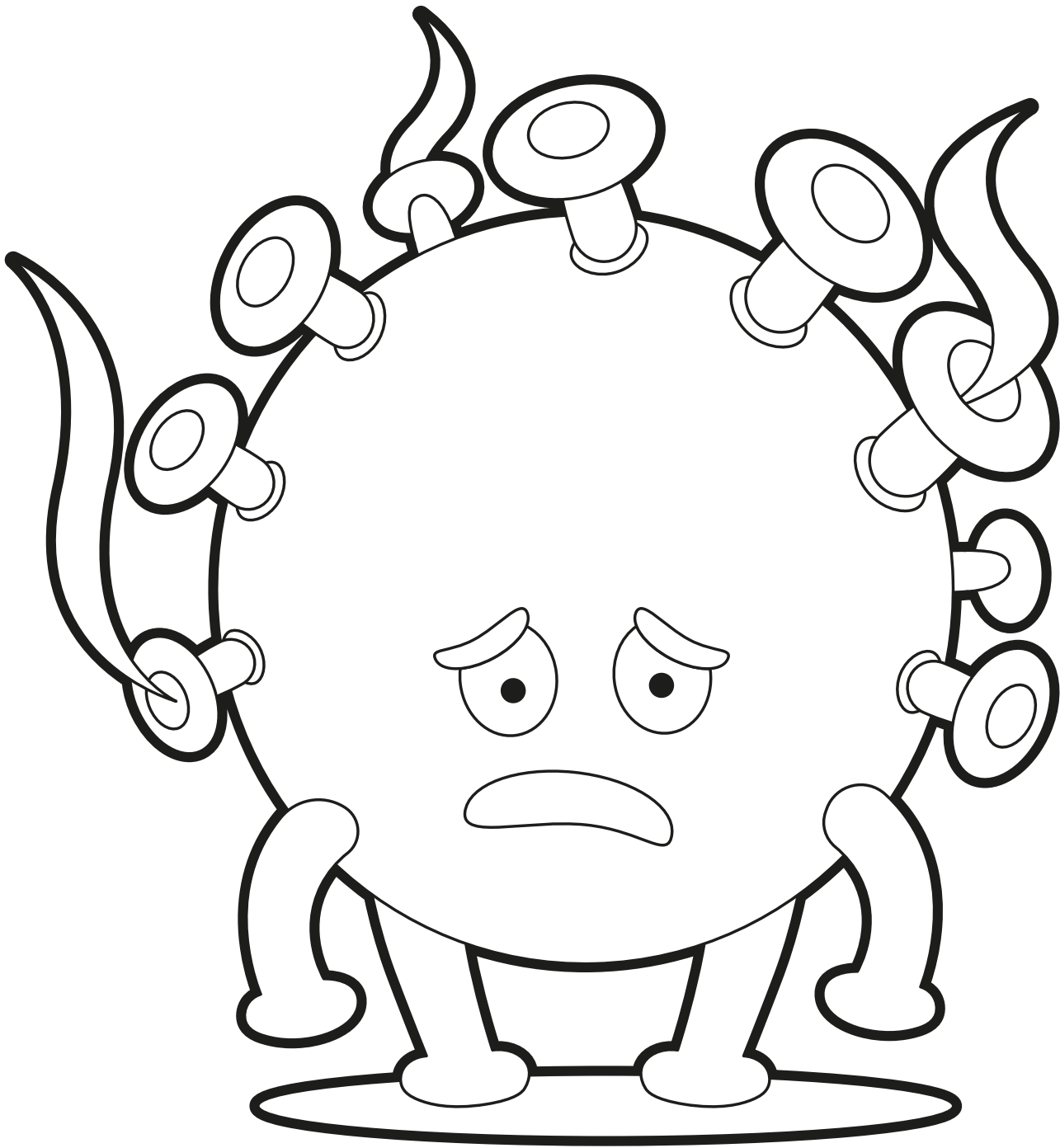
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